

## A selection of group activities in Hedon spa



### *A festive party with a band*

Hedon Spa can become a fun party venue, which allows you to end the workday with an exciting dance party with your favourite band or DJ, lasting until early morning. The stage can be set up on the ground floor of the hotel - the restaurant as well as the lobby bar can be used for the party, so that up to 350 guests can enjoy it.

The offer is valid when booking all of hotel rooms. Price depends on the number of people and the selected artist.

### *Your very own film festival*

The film festival is a cheerful team game, where you'll discover that everything is possible with your colleagues – becoming characters of a film company and shooting a few film trailers is the easiest thing ever!

This game brings out the creative side in your colleagues in a few fun hours and will bring a smile to your face for quite a while after.

**Price of the game starts from 350 euros**



### *Maarja-magdaleena workshops*

Take a break from brainwork and develop your creativity with handicraft by taking part in workshops at Hedon spa, instructed by the masters.

#### **Examples of possible workshops**

- ✓ leather workshop (key rings, pendants, pocket books, etc.)
- ✓ glass workshop (jewellery, stained glass)
- ✓ 2 Vase handicraft workshop (decorating wooden objects)

**Price starts from 10 euros per person, depending on the workshop**



### *Day spa group package*

The package includes sunbathing, visiting the Silent spa\* and moisturizing hand treatment.

**Price 40 euros per guest.**

#### **\* Silent spa, which follows antique spa traditions, includes**

- ✓ a personal set of products for each guest
- ✓ a pool with Dead Sea water
- ✓ low temperature saunas: caldarium, laconicum and tepidarium
- ✓ refreshing drinks and fruits included in the price
- ✓ a visit to the bathing area (three pools and two saunas)



## Morning sun salutation

Yoga or pilates training with the help of an instructor at the beach, in the park or by the pool. In cold and windy days, the training can take place indoors.

It is a balanced exercise of the body and mind, to find inner harmony to cope with the restless speed of life. Suitable for small groups.

**Price starts from 45 euros per hour**



## Various group games

A fun group game gives you the chance to roleplay, take on a different identity and see your colleagues in an entirely new light. The most popular game so far has been the Murder Mystery, other games in the selection include Spy Academy, X Vector, Dream Team and Poker Night.

**Price starts from 25 euros per participant, depending on the desired game and the size of the group**



## Ice cream making with the head chef

This is a unique opportunity to make ice cream with your team, instructed by Herkki Ruubel, the head chef of restaurant Raimond, using an entirely new method – with liquid nitrogen.

Group size 10 to 30 participants.

**Price starts from 25 euros per person**



## Exciting beverage courses

- ✓ Wine, sparkling wine, beer, whiskey or cognac course
- ✓ Food and wine pairing course
- ✓ Cocktail course
- ✓ Coffee course
- ✓ Tea making course

**Price starts from 5 euros per person, depending on the topic and the size of the group, class sizes are 10 – 30 participants**